



Safe Environment Training

Approved DVD's for Grades 7 - 12

DVD's are available through the Office for the Protection of Children and Youth

Name of Video	Time	Misc.	Brief Description
<i>Abuse: If it Happens to You</i> #2984 Grades 5-9	24 min.		This DVD will help young teens understand that abuse of all types is more common than they think and if it happens to them, they need to tell a trusted adult. The DVD covers the different types of abuse that can occur and helps young teens understand the victim is never at fault.
<i>Open Arms? Open Eyes!</i> <i>Power, Control and Abuse in Teen Relationships</i> #2969 Grades 7-12	28 min.	Award Winner	This program is based on real scenarios and dialogue suggested by teens themselves and is an excellent resource for raising awareness about healthy and unhealthy relationships. There are 25 red flags displayed throughout the DVD to assist in the awareness of violent behavior patterns in dating relationships.
<i>Coping with Dating Violence & Abuse</i> #3332 Grades 7-12	19 min.	Award Winner	This program listens to the experiences of four girls and one boy who vividly describe their experiences and offer advice on what to do if you are being abuse. The program describes five types of dating abuse: physical, emotional, verbal, sexual and social media based.
<i>Dealing with Teen Dating Abuse: Crossing the Line</i> #3429 Grades 7-12	17 min.		This is the story of Megan, a happy, athletic, "A" student who wants desperately to be in a relationship and have a boyfriend. When she connects with Matt, he begins to monopolize her time, isolate her from friends and activities, abuse her verbally and eventually becomes physically violent.
<i>Straight Talk About Sexual Harassment</i> #3421 Grades 9-12	17 min.		This DVD MUST BE previewed before shown. This program encourages viewers to reflect on the cultural messages that have shaped their own attitudes, beliefs, and behaviors about sexual harassment. Viewers learn that harassment is a symptom of someone misusing power and that harassment can take different forms. Viewers hear first-hand accounts from victims, including LGBTQ, and from people who are trying to change the culture that encourages harassment. It arms young viewers with the knowledge and skills they need to engage in healthy relationships.
<i>No Excuses: Sexual Harassment</i> #2970 Grades 7-12	30 min.	Award Winner	This program demonstrates various kinds of sexual harassment in the school environment. Real-life teens describe their experiences with sexual harassment. Viewers also hear from a Sexual Harassment Officer who suggests options and resources viewers can seek out to help them deal with an unwanted situation.
<i>Flirting or Hurting? When is it OK, When is it Harassment?</i> #3122 Grades 7-9	20 min.	Award Winner	Using various methods viewers are shown the difference between real flirting (welcome, wanted, respectful and fun) and hurting (unwelcome, unwanted, one-sided). Viewers learn what it means to cross the line- whether in person, through texting or online and are reminded of the serious consequences for both the target and the harasser. Helpful tips on how to react to unwanted, inappropriate behaviors.
<i>Confronting Sexual Harassment in School: What Every Student Needs to Know</i> #3177 Grades 7-12	24 min.	Award Winner	In this teen-centered DVD viewers learn to recognize sexual harassment and to understand why these behaviors are harmful. Viewers will learn how to stop harassment and where to go for help.
<i>Handling Dating Pressures and Harassment</i> #3423 Grades 7-12	27 min.		Through discussions with teens, this program will help teens be able to distinguish between flirting and sexual harassment. Teens will learn the warning signs of potentially dangerous or abusive relationships. The dvd emphasizes that abusive behavior should never be present in dating or love relationship. Teens learn the value of positive self-esteem as a guard against involvement in abusive relationships.
<i>How to End Unhealthy Relationships</i> #3334 Grades 7-12	16 min.		This DVD offers teens insight on how to honestly assess the health of relationships and presents concrete steps to help viewers end unhealthy relationships.
<i>Straight Talk About Sexting and Messaging</i> #3427 Grades 7-12	19 min.		True life stories offer cautionary tales about the dangers of sexting and anonymous messaging on cell phones and social media. Viewers learn that privacy is not possible on the internet and the downside of sexting.

<i>B Careful When U Txt: The Dangers of Texting & Sexting</i> #3070 Grades 5-9	20 min.		The program explores the positive and negative aspects of cell phones, mobile email devices and hand-held computers. Information includes the do's and don'ts of text messaging, including references to laws on privacy and child pornography, setting and maintaining personal boundaries, dealing with unforeseen consequences, and underscoring the need to "think before you click."
<i>Dangers of Sexting: What Teens Need to Know</i> #3117 Grades 7-12	20 min.		View teens' real-life stories and listen to a law enforcement official talk about the legal consequences of sexting. This program stresses the danger of incorrectly assuming that postings or texting will remain private and the inability to change your mind once something is in cyberspace.
<i>Sexting: Sex Plus Text Equals Trouble</i> #3139 Grades 7-12	30 min.		True to life scenarios show viewers the dangers of sexting, including possible consequences – everything ranging from personal humiliation to serious legal problems that could result in felony child pornography convictions.
<i>Digital Smarts: Protecting Your Online Reputation and Safety</i> #3437 Grades 7-12	19 min.		Viewers are challenged to think about ways that digital technology can be used to enhance or damage their reputations. Teens talk about how compromising photos and other postings online became part of their permanent digital footprint. The program provides specific advice about how to protect students' privacy, security and online reputations.
<i>Digital Smarts: Behaving Ethically Online</i> #3434 Grades 7-12	17 min.		Cyber ethics and respect for others online are critical skills to acquire for today's connected viewers. The message is that all viewers have a responsibility to behave ethically online and to know how to react when others behave in inappropriate ways.
<i>Think Before You Click</i> #3062 Grades 5-9	24 min.	Honorable Mention	This program helps viewers navigate problems and learn important rules and strategies to keep them safe while on the internet. The program explores online bullying and rumor spreading, identity theft, blogging and the real threat of sexual predators.
<i>Protect Yourself: Personal Safety on the Internet</i> #2989 Grades 7-12	17 min.		This program is designed to help viewers understand the very real risks they face when online and learn how to protect themselves. Teens share their experiences of being harassed, getting pulled into gambling sites, being bullied, and being seduced into a romance with a sexual predator.
<i>The Internet and You: Staying Safe</i> #2990 Grades 5-9	15 min.		With humor, this program talks about using caution while online. Strategies offered in this program are designed to make surfing the internet a positive, safe experience.
<i>Me and My 500 Friends: Staying Safe on Social Networks</i> #3261 Grades 7-12	20 min.	Award Winner	Through interviews the experts viewers learn that social networks can be a useful tool for communication and connection, but also pose significant risks. The program provides important easy-to-follow rules for keeping information and oneself safe while using social networks.
<i>Pushed to the Brink: Bullycide on the Rise</i> #3438 Grades 7-12	19 min.		This program follows multiple storylines to deliver the message that bullying can have enormous and tragic consequences. Commentary from a nationally recognized expert on bullying identifies various forms of bullying from physical assaults, to indirect forms such as cyberbullying, spreading rumors, exclusion or verbal taunts. Viewers are given important tips for dealing with bullies.
<i>Bystander Intervention: Putting a Stop to Bullying</i> #3428 Grades 7-12	21 min.		Viewers learn to put their own safety first, and then learn how to best apply bystander intervention techniques – direct intervention, distraction, calling 911, and reaching out to trusted adults.
<i>I was Cyberbullied</i> #3123 Grades 7-12	20 min.	Award Winner	This program presents real-life stories from teens who were targets of cyberbullying attacks and offers viewers practical suggestions for how to avoid being victimized by this type of bullying.
<i>Bully Bystanders: You Can Make a Difference</i> #3125 Grades 7-12	17 min.	Award Winner	This program offers the empowering message that the most effective way to deal with bullying is through the efforts of those who witness it. Viewers learn that respecting others and taking a united stand against all sorts of harassment is not only possible but can make a dramatic difference in the lives of many young people.
<i>Power Trip: Bullying in School</i> #3135 Grades 5-9	21 min.	Honorable Mention	This DVD explores middle school bullying in ways that viewers will relate to and easily understand. Viewers will hear from real teens who experienced bullying firsthand as well as from students who have been the aggressors. Attention is focused on understanding the different kinds of bullying and the differences between how girls and boys bully.
<i>"Are You a Bully?" Test</i> #3145 Grades 5-9	23 min.	Award Winner	Many people may be bullies and not even know it. This program challenges viewers to think about their own behavior with 8 questions about physical, verbal, and exclusionary bullying. This program shows how bullying hurts both the person being bullied and the bullies themselves.

<i>Confessions of a Bully</i> #3262 Grades 7-12	20 min.	Award Winner	This unique documentary-style program addresses the nationwide bullying crisis from the perpetrator's point of view.
<i>Stop Bullying with Mike Hall</i> #3340 Grades 5-9	22 min.		In this program Mike Hall, a former victim of bullying, explains the Bully, the Target and How We React. Most importantly Mike walks viewers through the four C's of How to Handle a Bully.
<i>Dealing with Bullies, Troublemakers and Dangerous Situations</i> #3422 Grades 7-12	25 min.		Through discussions with teens, this program will help teens to identify the methods bullies use to intimidate others, offer solutions for coping with bullies, learn to recognize dangerous situations and how to avoid them and review "street smarts" that will help keep them safe.
<i>Developing Healthy Relationships</i> #3424 Grades 7-12	27 min.		This program uses lively, teen-oriented discussion, dramatized dilemmas that accurately reflect teen experiences. Teens will hear how to think through difficult situations and make good choices as it relates to maintaining healthy relationships with parents, siblings, and friends.
<i>Combating Social Isolation and Loneliness</i> #3420 Grades 7-12	17 min.		When real life connections are lost to virtual connections, social isolation and loneliness can happen. This program looks at the reasons why so many young people feel that "no one really knows them well." Experts weigh in on the true toll of social isolation and loneliness. Teens and experts discuss specific steps teens can take to reconnect with others.
<i>Standing Tall: Learning Assertiveness Skills</i> #3245 Grades 5-9	24 min.	Honorable Mention	This powerful program helps guide middle school students on the challenging road toward learning to speak up for themselves and others.
<i>Play It Safe – Strategies for a Safe School Environment</i> #3116 Grades 5-9	18 min.	Award Winner	This program helps teach viewers that they are active players in creating a safe school environment. Issues covered are gossiping, taunting, ignoring, labeling, isolating, teasing, intolerance, bullying and excluding. Viewers learn how to use their influence to encourage peers to follow these strategies.

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